



THE SOCIETY OF PEDIATRIC
ALLERGY IMMUNOLOGY
AND ASTHMA



PEDIATRIC
ASSOCIATION OF
MACEDONIA

OUR CHILDREN'S SAFETY COMES FIRST

4th INTERNATIONAL PEDIATRIC UPDATES SYMPOSIUM

12 - 15 May 2026

FH55 Grand Hotel Mediterraneo 4* / Florence, ITALY



SCIENTIFIC PROGRAM

May 12, 2026 - Tuesday

- 16:00 - 16:15 Opening Ceremony**
Speakers: Prof. Dr. Koray Harmancı & Prof. Dr. Aspazija Sofijanova
- 16:15 - 16:45 Asthma in Turkey and Worldwide**
Session Chair: Prof. Dr. Zeynep Ülker Altinel
Speaker: Prof. Dr. Metin Aydoğan
- 16:45 - 17:00 End-of-Day Discussion and Closing**

May 13, 2026 - Wednesday

- 09:00 - 10:30 Diagnosis and Differential Diagnosis of Asthma in Children & Key Points in Pediatric Asthma Treatment**
Speaker: Prof. Dr. Zeynep Ülker Altinel
- 10:30 - 11:00 Coffee Break**
- 11:00 - 12:00 Interactive Q&A Session**
Moderators: Prof. Dr. Koray Harmancı, Prof. Dr. Metin Aydoğan, Prof. Dr. Zeynep Ülker Altinel
Participants: All Attendees
- 12:30 - 14:00 Lunch Break**
- 14:00 - 14:45 Early reaction of the lung with allergotests**
Speaker: Nikolina Zdraveska
- 14:45 - 15:15 Coffee Break**
- 15:15 - 16:00 Asthma & are disease attacks related to nutrition?**
Speaker: Tatjana Baevska Vuchkovic
- 16:00 - 16:30 End-of-Day Evaluation**

May 14, 2026 - Thursday

09:00 - 10:00 Guideline-Based Treatment Selection in Upper Respiratory Tract Infections (URTIs)

Chairs: Prof. Dr. Ayper Somer, Prof. Dr. Ateş Kara

Speaker: Prof. Dr. Hasan Tezer

10:00 - 10:45 Food Allergies

Speaker: Prof. Dr. Metin Aydoğan

10:45 - 11:00 Coffee Break

11:00 - 12:00 Round Table: Frequent Infection Management

Moderator: Prof. Dr. Koray Harmancı

Participants: Prof. Dr. Zeynep Ülker Altinel, Prof. Dr. Ayper Somer,
Prof. Dr. Ateş Kara, Prof. Dr. Hasan Tezer

12:00 - 14:00 Lunch Break

14:00 - 14:30 What are the risks for getting allergy

Speaker: Aspazija Sofijanova

14:30 - 15:00 Allergy of GIT and associates with lungs

Speaker: Tatjana Baevska Vuchkovic

15:00 - 15:30 Coffee Break

15:30 - 16:00 Management of Cow's Milk Protein Allergy Guided by Guidelines

Speaker: Prof. Dr. Metin Aydoğan

16:00 - 16:30 General Evaluation and Closing

May 15, 2026 - Friday

09:00 - 10:00 Guided ISPA Treatment

Moderators: Prof. Dr. Metin Aydoğan, Prof. Dr. Zeynep Ülker Altinel

Speaker: Prof. Dr. Koray Harmancı

10:00 - 10:15 Coffee Break

10:15 - 11:15 Round Table: ISPA Management

Moderators: Prof. Dr. Koray Harmancı & Prof. Dr. Aspazija Sofijanova

Participants: Prof. Dr. Zeynep Ülker Altinel, Prof. Dr. Metin Aydoğan, Dr. Tatjana Baevska Vuchkovicj

11:15 - 12:00 Discussion & Closing